

2017-2018 HARNETT COUNTY GIRLS 10U AND 13U BASKETBALL RULES

I. PLAYER ELIGIBILITY

- A. 10 and Under: Players cannot be 11 years old before January 1, 2017.
- B. 13 and Under: Players cannot be 14 years old before January 1, 2017.
- C. Playing Time- All players must play a minimum of 12 minutes per game. Playing time rule is waived during tournament.

II. PLAYING RULES

(Any rule not specifically covered will be governed by official High School Basketball Rules.)

- A. Basketball Sizes – 10U and 13U will use an intermediate size ball

B. Time Clock

- 1. 10U & 13U: Home site will determine game clock format (either four (4) – 8 minute quarters or two (2) – 16 minute halves) using a running clock (**clock will stop on the whistle the last 30 seconds of each quarter**). Regulation clock during the last two minutes of the fourth quarter or second half.
- 2. **Clock will be stopped on free throws once ball is handed to shooter and will not be started until ball is put back in play.**
- 3. Half-times will be 3 minutes and the break between quarters will be one minute.
- 4. Each team is allowed two time-outs per half. The coach or a player on the court may call the time-out. All time-outs are 30 seconds.
- 5. Overtime periods will be 2 minutes long and a regulation clock will be used. There will only be **one** overtime period. In tournament play, overtime will be repeated until there is a winner. Each team will receive one time-out in overtime. (Time-outs from regulation will carry over.)

- C. **All rosters are frozen January 1, 2017.**

D. No Jewelry.

- E. All age brackets of the league will play with five players on the floor, but a team may start the game with a minimum of four (4) players without forfeiture.

- F. A player can commit five personal fouls before being removed from the game. (Technical fouls for unsportsmanlike conduct will count as personal fouls.)

G. Free Throws

- 1. 10U ONLY: Bonus free throws will be awarded on the tenth team foul. (Bonus will be 2 shots.)
- 2. 13U ONLY: Bonus free throws will be awarded on the seventh team foul. (Bonus will be 1 and 1.) (Double bonus on 10th team foul).
- 3. Free throw distance:
 - a. 10U - 12 ft.
 - b. 13U - 15 ft.
- 4. 13U ONLY- Bottom block on free throw lane will be left empty during free throws.

H. Back Court Defense

- 1. 10U may NOT press in the backcourt during any part of the game.
- 2. **13U may press full court ONLY DURING THE FINAL 2 MINUTES OF 4TH QUARTER AND IN OVERTIME PERIOD.**
- 3. **If a team is leading by 15 or more points, they must play defense inside the 3 point arc.**
- 4. **If a team is continually warned about pressing Game Official may issue a technical foul on the pressing team.**

- I. Goal Height:
 - 1. 10U – 9 ft. or 10 ft. depending on Home site.
 - 2. 13U – 10 ft. (regulation)

- J. Five seconds in the lane will replace the three second violation in the 10U league only.
The 13U will use the three second rule.

- K. All referees' decisions are final. No protests of referees' calls will be allowed.

- L. Three point shots will be allowed in both leagues.

- III. Coaches are responsible for getting line-ups to the score table at least 5 minutes before game time.

- IV. An end of the season, single elimination tournament may be scheduled week after completion of regular season.

Disciplinary Actions for Technical Fouls and/or Ejections

- V. Two technical fouls for unsportsmanlike conduct on a player or coach will result in an ejection from the game. A coach, player or spectator ejected from the game must leave the facility immediately. Any coach, player or spectator ejected will be suspended for the remainder of the current game and the next scheduled game.
 - 1st Technical Foul: Coaches – confined to the bench for the remainder of the game.
Players – must sit for 4 consecutive minutes.
 - 2nd Technical Foul: (separate games) 1 game suspension
 - 3rd and any subsequent Technical Fouls: 3 games suspension

Additional suspension may occur at the discretion of the Harnett County Youth Basketball Directors.